

**PREPARATION AND EVALUATION OF ZIDOVUDINE NANOPARTICLES**Malleswari.K*, VIJAYA RATNA.J¹ R.B.Desi Reddy¹, Devi Alekya.T,Department of Pharmaceutics, Nalanda institute of Pharmaceutical sciences, Kantepudi, Guntur,
Dept. of Pharmaceutical Sciences, Andhra University, Visakhapatnam,**ABSTRACT**

Nanoparticles represent a promising drug delivery system of controlled and targeted drug release. They are specially designed to release the drug in the vicinity of target tissue. The aim of this study was to prepare and evaluate polymethacrylic acid nanoparticles containing Zidovudine in different drug to polymer ratio by nanoprecipitation method. SEM indicated that nanoparticles have a discrete spherical structure without aggregation. The average particle size was found to be $121 \pm 8 - 403 \pm 4$ nm. The particle size of the nanoparticles was gradually increased with increase in the proportion of polymethacrylic acid polymer. The drug content of the nanoparticles was increasing on increasing polymer concentration up to a particular concentration. No appreciable difference was observed in the extent of degradation of product during 60 days in which, nanoparticles were stored at various temperatures. FT-IR studies indicated that there was no chemical interaction between drug and polymer and stability of drug. The *in-vitro* release behavior from all the drug loaded batches was found to be zero order and provided sustained release over a period of 24 h. The developed formulation overcome and alleviates the drawbacks and limitations of Zidovudine sustained release formulations and could possibly be advantageous in terms of increased bioavailability of Zidovudine.

KEYWORDS: - nanoparticles, Zidovudine, biodegradable, polymethacrylic acid**INTRODUCTION:**

During last two decades, considerable attention has been given to the development of novel drug delivery system (NDDS)¹. The rationale for control drug delivery is to alter the pharmacokinetics and pharmacodynamics of drug substance in order to improve the therapeutic efficacy and safety through the use of novel drug delivery system. Besides more traditional matrix or reservoir drug delivery system, colloidal drug delivery system has gained in popularity. The major colloidal drug delivery system includes liposome and polymeric nanoparticles. These systems have been investigated primarily for site specific drug delivery, for controlled drug delivery, and also for the enhancement of dissolution rate/bioavailability of poorly water-soluble drugs. The primary routes of administration under investigation are parenteral route, however, other routes such as the oral, ocular, or topical routes are also being investigated. In era of oral drug delivery system microsphere², microcapsule, nanoparticles, liposomes, and niosomes are better options to conventional dosage form. Nanoparticles are colloidal polymer particles of a size below $1\mu\text{m}$ ³⁻⁴ and hold promise as drug delivery for parenteral, peroral and ocular administration as well as adjuvant for vaccines. Due to their greater stability and due to their easier manufacturing they offer advantages over other colloidal carriers such as liposomes and cell ghosts. They offer advantages like increased bioavailability, site specific drug delivery, sustained release of drug over longer

period of time, retention of dosage form in entire length of gastrointestinal tract and convenient to patient due to reduction in frequent dosing⁵. Eudragit polymers are series of acrylate and methacrylate polymer available in different ionic forms. Eudragit RS 100 is insoluble in aqueous media but it is permeable and has pH- independent release profile. The permeability of Eudragit RS 100 is due to presence of quaternary ammonium group in their structure⁶. Zidovudine is a potent antiviral agent used in the treatment of AIDS.

Conventional oral formulations Zidovudine are administered multiple times a day (150 mg twice daily) because of its moderate half-life (5-7 hours)⁷⁻⁸. Treatment of AIDS using conventional formulations of Zidovudine is found to have many drawbacks, such as adverse side effects resulting from accumulation of drug in multidose therapy, poor patient compliance, and high cost. The objective of the present study was to prepare nanoparticles of Zidovudine to overcome some of these problems.

MATERIAL AND METHOD:

Zidovudine was received as a gift sample from Aurobindo Pharma Private Limited, Hyderabad. Eudragit RS 100 was obtained from SD fine chemicals. Dichloromethane was procured from E. Merck Ltd., Mumbai. All other chemicals used were of analytical grade.

PREPARATION OF NANOPARTICLES:

Nanoparticles containing Zidovudine were prepared using nanoprecipitation method⁹⁻¹⁰. Drug was dissolved in water, and then cosolvent (acetone) was added into this solution. A cosolvent was needed in order to make the inner phase more homogeneous. Then polymer and 150 mg of propylene glycol were dissolved in chloroform, and this solution was added to the drug solution to form dispersion. The dispersion was added to 10 ml of aqueous ethanol solution (70%). After 5 minutes of mixing, the organic solvents were removed by evaporation at 35° under normal pressure, nanoparticles were separated by using cooling centrifuge (10000 rpm for 20 min), supernatant were removed and nanoparticles washed with water and dried at room temperature in a dessicator. By following the above mentioned procedure five other batches of nanoparticles ratio of 1:1, 1:3, 1:5, 1:7 and 1:9 were prepared and named F1, F2, F3, F4 and F5 respectively.

PARTICLE SIZE, SURFACE MORPHOLOGY AND ZETA POTENTIAL:

The surface morphology (roundness, smoothness, and formation of aggregates) and particle size were studied by scanning electron microscopy (SEM)¹¹⁻¹². Zeta potential of the best formulation (F4) was determined by zeta potential probe model DT- 300. Zeta potential probe model DT- 300.

DRUG CONTENT:

Drug content was determined by centrifugation method. The redispersed nanoparticles suspension was centrifuged at 15,000 rpm for 40 min at 25° to separate the free drug in the supernatant. Concentration of Zidovudine in the supernatant was determined by UV-Vis spectrophotometrically at 266 nm after suitable dilution.

IN VITRO RELEASE STUDIES:

In vitro release studies were carried out by using dialysis tubes with an artificial membrane. The prepared Zidovudine nanoparticles and 10 ml of phosphate buffer pH 7.4 was added to the dialysis tube and subjected to dialysis by immersing the dialysis tube to the receptor compartment containing 250 ml of phosphate buffer pH 6.8. The medium in the receptor was agitated continuously using a magnetic stirrer a temperature was maintained at 37±1°. 5ml of sample of receptor compartment were taken at various intervals of time over a period of 24 h and each time fresh buffer was replaced. The amount of drug released was determined spectrometrically at 266 nm.

KINETIC MODELING:

In order to understand the kinetic and mechanism of drug release, the result of *in vitro* drug release study of nanoparticles were fitted with various kinetic equation like zero order¹³ (cumulative % release vs. time), first order¹⁴(log % drug remaining vs time), Higuchi's model¹⁵ (cumulative % drug release vs. square root of time). r2 and k values were calculated for the linear curve obtained by regression analysis of the above plots.

STABILITY STUDY:

The stability study was carried using the batch F4. The stability of drug loaded nanoparticles was evaluated in terms of its drug content¹⁶. The stability of nanoparticles was evaluated in PBS (pH 6.8). Nanoparticles formulation was incubated at 5-8° and 37 ± 1° for a period of 60 d. After specified time intervals, the suspension was centrifuged at 15,000 rpm for 1 h, supernatant was removed and nanoparticles were dissolved in dichloromethane. After adding of water and separation, the amount of drug was detected by UV-Vis spectrophotometrically method at 266 nm.

RESULT AND DISCUSSION:

Zidovudine nanoparticles with varying proportions of Zidovudine and Eudragit RS 100 were prepared by nanoprecipitation method. The scanning electron microphotograph of Zidovudine nanoparticles is shown in fig.1. It indicated that Zidovudine nanoparticles have a discrete spherical structure without aggregation. The particle size of nanoparticles varied some what among The formulation due to variation in the composition of formulations. Zeta potential of best formulation was determined and it was found +27mV due to quaternary ammonium group of Eudragit. Since there was a decrease of surface potential, it could be concluded that a part of Drug was absorbed on the polymeric particles. The drug content was determined by centrifugation method and it was maximum in formlation F4. The nanoparticles exhibited an increase in drug content with an increased in the polymer ratio, up to particular concentration (1:5). A decrease in drug content was observed after that point due to the saturation capacity of polymer. In stability study there was no remarkable change in the drug content. This indicated that formulation was stable in storage medium condition. The *in vitro* release profile of all formulation is shown in fig.2. The release of Zidovudine mainly depended upon the polymer concentration. The burst release of Zidovudine from nanoparticles at initial stage resulted from the dissolution of drug crystals on the surface of nanoparticles. On increasing polymer concentration, the

release rate of Zidovudine from nanoparticles decreased drastically. The *in vitro* release data was applied to various kinetic models to predict the drug release kinetic mechanism. The release constant was calculated from the slope of appropriate plots, and the regression coefficient (r^2) was determined. It was found that the *in-vitro* drug release of nanoparticles was best explained by zero order kinetics for best formulation F2 as the plots shows highest linearity. The correlation coefficient (r^2) was found 0.9 for F2.

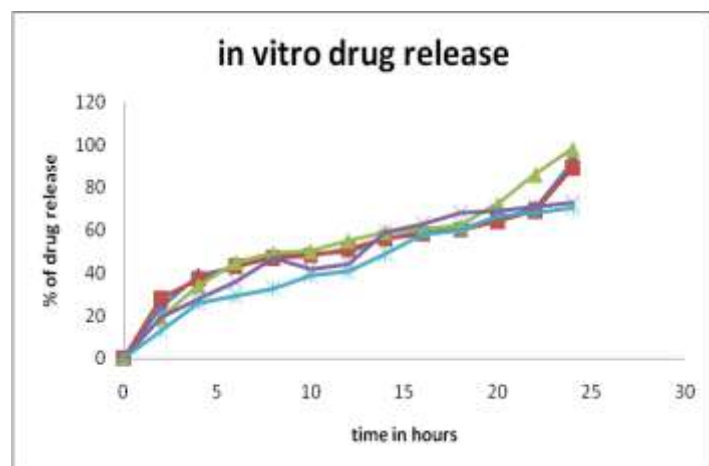
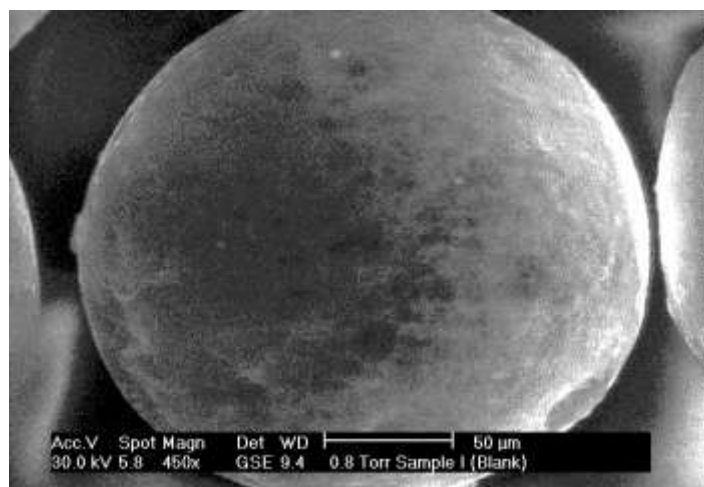
TABLE 1: Formulation and physicochemical characterization of Zidovudine nanoparticles

* Average of three preparation \pm S.D

Formulation code	Drug: Polymer ratio	Drug Content* (%)	Particle Size* (nm)
F1	1:1	86.23+0.09	120+0.02
F2	1:3	78.97 +0.06	260+0.06
F3	1:5	59.96 + 0.04	280+0.09
F4	1:7	57.98+0.05	320+0.06
F5	1:9	52.08+0.08	420+0.05

Fig.1: Scanning electron microphotograph of Zidovudine hydrochloride nanoparticles

Formulation code Drug: Polymer ratio Drug Content*(%)



In vitro drug release of Zidovudine from poly methacrylic acid nanoparticles formulation F1,F2,F3,F4 and F5

CONCLUSION:

The method of preparation of nanoparticles of Zidovudine was found to be simple and reproducible. The slow and constant release of Zidovudine from nanoparticles maintain constant drug plasma concentration thereby increasing therapeutic efficacy. This study shows that polymethacrylic acid nanoparticles could be a useful carrier for Zidovudine. The developed formulation overcome and alleviates the drawbacks and limitations of Zidovudine sustained release formulations.

REFERENCES:

- Santhi K., Dhanraj S.A., Nagasamyvenkatesh D., Sangeetha S., Suresh B., Preparation and optimization of sodium alginate nanospheres of methotrexate, Indian J. Pharm. Sci., 2005, 67,691-696.
- Tamizharasi S., Rathi J.C., Rathi V., Formulation, characterization and *in vitro* release kinetics of aceclofenac loaded poly(ecaprolactone) microspheres, Indian Drugs, 2007, 44, 973-975.
- Kreuter J., Nanoparticles based drug delivery systems, J. Control. Rel., 1991, 16, 169-176.
- Bachnav D., Rao M., Madgulkar A., Rao S., Nanotechnology and blood brain barrier, Indian Drug, 2007, 44, 245-252.
- Chen D.B., Yang T. Z., Lu W. L., Zhang Q., *In vitro* and *in vivo* study of two types of long circulating solid lipid nanoparticles containing paclitaxel, Chem. Pharm. Bull., 2001, 49,1444- 1447.
- Ubrich N., Schmidt C., Bodmeur R., Hoffman M., Maincent P., Oral evaluation in rabbits of cyclosporine loaded Eudragit RS or RL nanoparticles, Int. J. Pharm., 2005, 288,169- 175.
- Punna R.R., Sindhura G., Saha R.N., Design and Study of Zidovudine Oral Controlled Release Tablet, AAPS PharmSciTech, 2007, 8, E1-E9.
- Jain S , Tiwari AK, Sapra B , Jain AK., Formulation & evaluation of Ethosomes for Transdermal Delivery of Zidovudine, AAPS PharmSciTech, 2007, 8, E1-E8.
- Leena Peltonen., The Effect of Cosolvents on the Formulation of Nanoparticles From Low Molecular-Weight Poly (l)lactide AAPS PharmSciTech., 2002, 3, E1-E7.
- Barbault S, Gref R., Russo P., Guechot J., Bochot A., Design of poly-e-caprolactone nanospheres coated with bioadhesive hyaluronic acid for ocular delivery, J. Control. Rel., 2002, 83, 365-375.
- Peltonen L., Koistinen P., Karjalainen M., Hakkinen A., Hirvonen J., The effect of cosolvents on the

- formulation of nanoparticles from low molecular weight poly(l)lactide, AAPS PharmSciTech, 2002, 3, 1-7.
12. Cui F., Oian F., Yin C., Preparation and characterization of mucoadhesive polymercoated nanopaticles, Int. J. Pharm., 2006, 316, 154-161.
 13. Saparia B., Murthy R.S.R., Solanki A.,Preparation and evaluation of chloroquine phosphate microspheres using cross-linked gelatin for long term drug delivery, Indian J. Pharm. Sci., 2002, 64, 48-52.
 14. Haznedar S., Dortunc B., Preparation and evaluation of Eudragit microspheres containing acetazolamide, Int. J. Pharm.,2004, 269, 131-140.
 15. Higuchi T., Mechanism of sustained action medication: theoretical analysis of rate of release of solid drugs dispersed in solid matrices, J. Pharm. Sci., 1963, 52, 1145-1149.
 16. Ramteke S., Maheshwari R.B.V., Jain N. K., Clarithromycin based oral sustained release nanoparticulate drug delivery system, Indian J. Pharm. Sci., 2006, 68, 479-484.